

Staging at Regionals

Good Morning Coaches and Parents

Below is the information regarding staging for your athletes at the Region 3 Championships for both competition and awards.

Staging is located at the South end of the outer concourse in Room 107 and is only for athletes. There will be **NO PARENTS ALLOWED IN STAGING**. Teams may designate one pro or athlete member that may be in staging with their athletes.

Only athletes that are in the next flight will be allowed in the staging area. This is not a place for your athletes to just hang out. Please help us with the task of keeping this area clear! More people in this area than necessary can make staging very difficult. We appreciate your help in controlling this with your athletes.

There will be NO food or open containers allowed in staging. Only water bottles/bottled water.

We appreciate you not sending anything to staging with your child other than what they will need on the competition floor, such as tramp shoes, warm up etc.

Please DO NOT send your child to staging until their flight times have been called over the PA system.

We will have a large marker board located at the entrance of staging and we will note what flight time should be in staging at that time.

USA Gymnastics will not be responsible for lost or stolen items.

Have a great day
Patti Conner
Region 3 Director